

# THE PLOUGH

All nibbles and small plates  
buy 3 for £22 or 5 for £38

## Nibbles

### SCOTCH EGG - £8.00

Served with beetroot piccalilli

### GUINNESS PIGS IN BLANKETS - £8.00

Served with Chianti and bone marrow gravy

### WARM PRETZELS (V) (VGA) - £8.00

Sea salt and hot honey drizzle

## Small Plates

<b>PORK BELLY BITES (GF)</b> Served with BBQ sauce	£8.50
<b>SALT AND PEPPER CALAMARI STRIPS</b> Served with sweet chilli sauce	£9.50
<b>SOUTHERN FRIED CHICKEN</b> Hand coated and served with a southern style gravy. <i>Add extra chicken for £3.50</i>	£9.00
<b>HALLOUMI FRIES (V)</b> Hot honey dip	£9.50
<b>BENGALI KING PRAWNS</b> Green chilli, lime and mint sauce	£9.00
<b>CRISPY PANKO TOFOO™ BITES (VG)</b> Served with a drizzle of sriracha and ranch sauce	£8.00
<b>BONELESS CHICKEN WINGS</b> Served with hot sauce or BBQ sauce	£9.00
<b>POTATO PUFFS (GF) (VA)</b> Served with a choice of truffle mayonnaise and parmesan or streaky bacon and melted cheese	£8.00

## Starters

<b>BURRATA BRUSCHETTA (V)</b> Cherry tomatoes, red onion and a pesto oil served on toasted sourdough and topped with pulled burrata cheese	£9.00
<b>HAM HOCK AND PEA TERRINE</b> Served with warm toast and beetroot piccalilli	£9.00
<b>SALMON RILLETE</b> Sourdough toast, smoked salmon, mascarpone cheese, chives and pickled cucumber	£8.50
<b>TEMPURA VEGETABLES (VG)</b> Tenderstem broccoli, peppers, asparagus, onions and kimchi mayonnaise	£6.50
<b>STILTON AND GARLIC MUSHROOMS (V)</b> Sourdough toast, closed cup mushrooms, garlic, cream and stilton cheese	£8.50
<b>CHICKEN SATAY</b> Served with a satay mayonnaise	£8.00
<b>SOUP OF THE DAY (V)</b> Served with ciabatta	£8.50
<b>CAMEMBERT SHARER (V)</b> Camembert round served with warm breads, crudités and chutneys	£15.00

## Pub Classics

<b>STEAK AND ALE PIE</b> Served with mashed potato, mushy peas and lashings of gravy	£17.00
<b>FISH AND CHIPS (GF)</b> Hand battered whole of a cod fillet served with chunky chips, mushy or garden peas and tartar sauce. <i>Lite bite option - £13.00</i>	£18.00
<b>CHICKEN TIKKA MASALA (GF)</b> Served with rice, poppadom and mango chutney. <i>Add a naan - £2.00</i>	£16.00
<b>BANGERS AND MASH (VA)</b> Guinness sausages with creamy champ mash and lashings of onion gravy. <i>Lite bite option - £12.00</i>	£16.00
<b>GARLIC CHICKEN SCHNITZEL</b> Served with fries, ranch salad with crispy fried onions and extra garlic butter. Choice of full salad or fries and salad. <i>Lite bite option - £12.00</i>	£16.00
<b>HONEY ROAST HAM AND EGGS (GF)</b> Hand carved ham with fried eggs and chips. <i>Lite bite option - £10.00</i>	£14.00
<b>BEEF LASAGNE (VA)</b> Beef bolognese sauce with mozzarella and cheddar cheese top, garlic bread, ranch salad	£17.00
<b>RANCH SALAD (GFA)</b> Cos lettuce, ranch dressing, chicken breast and salted croutons	£16.00
<b>SEA BASS (GF)</b> Served with a rich creamy white wine sauce on crushed new potatoes and tenderstem broccoli	£20.00
<b>SRI LANKAN VEGETABLE CURRY (VG)</b> Roasted butternut squash, aubergines and spinach in a curried sauce, with an array of spices. Served with rice and popadoms. <i>Add chicken - £3.50. Add panko Tofoo™ pieces - £3.50</i>	£18.00
<b>CRISPY PORK BELLY (GF)</b> Served with mashed potato, tenderstem broccoli and gravy	£18.00
<b>UDON NOODLES (VG)</b> Served with a miso broth, an array of vegetables and katsu flavoured Tofoo™. <i>Add chicken - £3.50</i>	£17.00

## Sides

### FRIES (VG) (GF) - £4.00

### CHUNKY CHIPS (VG) (GF) - £4.00

### POSH FRIES (GF) - £5.00

Parmesan and truffle mayonnaise

### HOME MADE ONION RINGS (V) - 4.00

### GARLIC CIABATTA (V) - £4.00

### GARLIC CIABATTA BREAD WITH CHEESE (V) - £5.00

### DRESSED MIXED

### SALAD (VG) (GF) - £4.00

### BREAD AND BUTTER (V) - £2.00

## Grills

All our steaks are served with chunky chips, grilled tomato, mushrooms and garden peas.

<b>RUMP STEAK (GF)</b> <i>Lite bite option - £16.00</i>	<b>£21.00</b>
<b>10oz GAMMON STEAK (GF)</b> Served with two eggs. <i>Lite bite option - £15.00</i>	<b>£20.00</b>
<b>MIXED GRILL</b> 4oz rump, 5oz gammon, chicken breast, sausage, chunky chips, grilled tomato, mushrooms, two onion rings, garden peas and a fried egg	<b>£24.00</b>

### Grill sides

**DIANE SAUCE - £3.00**

**PEPPERCORN SAUCE - £3.00**

**CHIANTI AND BONE MARROW GRAVY - £3.00**

**GARLIC BUTTER - £3.00**

## Burgers

Our burgers are served in a toasted brioche style bun with salted fries.

<b>HOUSE BURGER</b> A double 3oz beef burger patty with red onion chutney, cos lettuce, tomato, and burger sauce, burger cheese and smoked streaky bacon with coleslaw	<b>£16.00</b>
<b>SOUTHERN FRIED CHICKEN BURGER</b> Hand coated chicken, cos lettuce, tomato, ranch sauce, and crunchy slaw with a side of southern style gravy	<b>£16.00</b>
<b>PULLED MEAT DIPPING BURGER</b> Two 3oz patty's, pulled pork with Chianti and bone marrow dipping gravy	<b>£18.00</b>
<b>KATSU TOFOO™ BURGER (VG)</b> Tofoo™ katsu patty with kimchi and satay mayonnaise	<b>£16.00</b>

## Pizzas

12" pizzas made fresh with rich Italian sauce and smothered in creamy mozzarella and cheddar cheese.

<b>MARGHERITA (V)</b> A classic with mozzarella and cheddar finished off with basil	<b>£14.00</b>
<b>CHICKEN &amp; CHORIZO</b> Roast chicken, diced chorizo and mixed peppers	<b>£16.00</b>
<b>GARDEN (V)</b> Red onions, mushroom, cherry tomatoes and mixed peppers	<b>£14.00</b>
<b>CRISPY AROMATIC DUCK</b> Shredded duck, spring onions, hoisin sauce and finished with fresh rocket	<b>£16.00</b>
<b>GARLIC PIZZA BREAD (V)</b>	<b>£6.00</b>
<b>GARLIC CHEESE PIZZA BREAD (V)</b>	<b>£7.00</b>

## Jackets

*Served from 12 - 4pm everyday*

All served with a salad garnish.

<b>CHILLI OR VEG CHILLI (VG) (GF)</b>	<b>£10.00</b>
<b>CHICKEN TIKKA (GF)</b>	<b>£10.00</b>
<b>SRI LANKAN VEGETABLE CURRY (V) (GF)</b>	<b>£10.00</b>
<b>SMOKED SALMON AND MASCARPONE (GF)</b>	<b>£10.00</b>
<b>CHEESE AND BEANS (V) (GF)</b>	<b>£10.00</b>
<b>TUNA CRUNCH (GF)</b>	<b>£10.00</b>
<b>COLESLAW (VG) (GF)</b>	<b>£10.00</b>

Served with vegan mayo

## Lunch *Served from 12 - 4pm everyday*

All served with a side of chips and coleslaw.

<b>FISH FINGERS</b> Chunky battered fish fingers, served in a ciabatta with mushy peas and tartar sauce	<b>£13.00</b>
<b>BLT</b> Served in toasted sourdough with crispy back bacon, lettuce, fresh tomato and mayonnaise	<b>£12.00</b>
<b>SOUTHERN FRIED CHICKEN</b> Served in a ciabatta with coz lettuce, ranch dressing	<b>£12.00</b>
<b>PHILLY STEAK</b> Served in a ciabatta, thinly sliced rump steak with sauteed peppers, onions and melted cheese with dipping gravy	<b>£16.00</b>
<b>CLASSIC CHEESE TOASTIE (V)</b> Sourdough sliced bread with our own special mix with red onion chutney and spring onions	<b>£12.00</b>
<b>PULLED HAM AND PICCALILLI</b> Pulled ham hock, served in a ciabatta with beetroot picalilli	<b>£13.00</b>

## Desserts

<b>CHOCOLATE BROWNIE (V)</b> Served with vanilla ice cream and chocolate sauce	<b>£8.50</b>
<b>S'MOORES COOKIE DOUGH (V)</b> Served with vanilla ice cream	<b>£10.00</b>
<b>SALTED CARAMEL COOKIE DOUGH (V)</b> Served with vanilla ice cream	<b>£10.00</b>
<b>APPLE CRUMBLE TART (V) (VGA)</b> Served with creamy custard	<b>£10.00</b>
<b>STICKY TOFFEE PUDDING (V)</b> Served with creamy custard	<b>£9.00</b>
<b>LEMON POSSET (V)</b> Creamy hand made lemon posset served with a short bread biscuit	<b>£8.50</b>
<b>CHOCOLATE BROWNIE SUNDAE (V)</b>	<b>£10.00</b>
<b>SELECTION OF JUDES ICE CREAMS (V) (GF)</b> Vanilla, vegan vanilla, chocolate, strawberry and salted caramel	<b>£8.50</b>

## Allergen Information

**(V)** Vegetarian / **(VG)** Vegan / **(GF)** Gluten free / **(VA)** Vegetarian available  
**(VGA)** Vegan available / **(GFA)** Gluten free available

Please be advised that our kitchen handles ingredients that contain allergens.

While we take the utmost care to prevent cross-contamination, we cannot guarantee that any menu item is completely free of gluten, dairy, eggs, nuts, peanuts, soy, sesame, shellfish, fish. If you have any allergies or dietary restrictions, please inform your server before placing your order. Our team will be happy to assist you with ingredient information and suggest suitable options.

\*All weights stated are approximate and prior to cooking. \*\*Our fish has been carefully filleted however some small bones may remain.

\*\*\*Some of our foods are cooked using genetically modified soya oil.